

St. Luke Summer Sports Clinics

All morning clinics are held from 8:30 am – until 12:30 pm each day.

Afternoon clinics are held from 1:00 – until 5:00 pm each day.

All athletes will receive a shirt.

Athletes should wear comfortable athletic clothing appropriate for the sport session: T-Shirt, elastic band shorts, socks and tennis shoes. Hats and appropriate protective equipment should be worn ie: Soccer requires shin guards; volleyball requires knee pads and athletes should bring a glove for baseball. Athletes should bring sunscreen, sports bottle with water or Gatorade, a snack and a wash cloth to cool off with. Baseball & soccer shoes are recommended but not required.

The concession stand will be open during the clinics.

Soccer – Basic fundamentals are demonstrated and progressively developed each day. From a throw in, to dribbling, passing, spacing, corner kicks, proper line ups and spacing to general rules of the game. This is both a defense and offense clinic. Open to both boys and girls.

Volleyball – Athletes will develop their passing, serving, setting and hitting skills. Review the rotation used by the upper level teams. Scrimmages will be used to evaluate an athlete's progress on a daily basis.

Baseball / Softball – Athletes will receive intensified instruction in the areas of hitting, fielding and pitching. Each session will break down the drills into fundamentals and the basic mechanics.

Basketball - Open to both boys and girls. This camp will work on all basic skills: dribbling, passing, shooting, defense and offense. Athletes will be introduced to the offensive and defensive strategies that will be developed for the middle school team. This clinic is offered as a half day or full day; the full day will allow games and scrimmages.

Football - Designed to introduce the game of football to our St. Luke athletes. Drills implemented to improve agility, speed and coordination. This clinic will be a challenge to those interested in taking Flag Football to the next level.

ALL Sports Clinic – Open to all boys and girls entering Kinder – 4th. This clinic is geared towards our younger students. Athletes will enjoy lots of fun activities while learning some of the basic athletic skills. This is a half- or full-day clinic.

2007 St. Luke Summer Sports Clinics



Soccer * Volleyball * Baseball * Softball * Basketball * Football

Camp Hosted by Rudy Loza – St. Luke Athletic Director 638-8853

CLINIC DESCRIPTION

St. Luke Catholic School Summer Sports Clinics are offered to allow students an opportunity to learn and develop basic skills necessary to be successful in athletics. All clinics are held on St. Luke facilities directed by the Athletic Director Rudy Loza. Most of the clinics are open to all incoming 5th, 6th, 7th & 8th graders. Though Fifth Graders are not eligible to tryout for the school teams, these clinics give them insight to the middle school opportunities. Two of our clinics are geared towards the younger students and are therefore open to Kinder through 4th grade.

All of the clinics are designed for athletes to prepare for the upcoming sports season. If you working for a new season, whether for CYO, school, or club teams, these clinics give you the advantage of preparing your body and mind, conditioning your body, and improving your skills.

Athletes are grouped by age and ability, and they are under the constant supervision of coaches throughout the week. Each clinic develops fundamentals and good sportsmanship, and shows the rewards of hard work and effort. Athletes are evaluated on their individual skills, development and improvement throughout the camp.

CLINICS OFFERED THIS SUMMER:

- | | | |
|---|---|--------------|
| ● Soccer (5 th – 8 th Boys & Girls) | June 4 th – June 8 th | 8:30 – 12:30 |
| ● Soccer (Kinder – 4 th Boys & Girls) | June 4 th – June 8 th | 1:00 – 5:00 |
| ● Volleyball (5 th – 8 th Girls) | June 11 th – June 15 th | 8:30 – 12:30 |
| ● Baseball (5 th – 8 th Boys) | June 11 th – June 15 th | 8:30 – 12:30 |
| ● Basketball (5 th – 8 th Boys & Girls) | June 18 th – June 22 nd | 8:30 – 12:30 |
| ● Basketball (5 th – 8 th Boys & Girls) | June 18 th – June 22 nd | 1:00 – 5:00 |
| ● Softball (5 th – 8 th Girls) | June 26 th – June 29 th | 8:30 – 12:30 |
| ● Football (5 th – 8 th Boys) | June 26 th – June 29 th | 1:00 – 5:00 |
| ● All Sports (K – 4 th Boys & Girls) | July 9 th – July 13 th | 8:30 – 5:30 |

For additional information, please call Coach Loza at 210-638-8853 or email rudy.loza@stlukecatholic.org

SUMMER CLINIC COACHES

Coach Rudy Loza – is the Clinic Director and Athletic Director at St. Luke Catholic School. He has been coaching at St. Luke in many capacities for over 10 years. He has led the Middle School teams to several AIAL District Championships, including an AIAL Championship in soccer this year. He was a key facilitator in re-introducing Flag Football to St. Luke.

Coach Donna Fields – is the St. Mary's University Head Softball Coach. This is her 10th year with the Rattlers. She is the Rattlers all-time leader in wins and was the first Rattler to earn a National Championship as both a player and a coach. She is all the Women's Administrator for the St. Mary's Department of Athletics. Donna is a St. Luke graduate herself and also the parent of three St. Luke students.

Coach Eddie Ybarra – is the Head Basketball Coach and Assistant Principal at Central Catholic High School, and has been coaching for 19 years. Last year, he led his Button Basketball team to a 2-6A District Championship Title, and in 1998 won a TAPPS State Title. Eddie is also the parent of three St. Luke students.

Coach Mike Gomez - is the Head Baseball Coach at Central Catholic High School. He was a PE coach here at St. Luke prior to accepting the Head Coach position at Central. The Central Catholic Baseball Team holds 4 District Titles and has had 6 Regional Appearances during Mike's time as head coach and assistant coach.

Coach Nicki Gonzalez - is the Head Volleyball Coach at Incarnate Word High School. She is a graduate of Marshall High School where she played both volleyball and softball. She played collegiate volleyball for the University of Texas at Brownsville and has coached club volleyball for 6 years.

Coach Steve Chapa – is the Athletic Director and Head Football Coach at Blessed Sacrament Catholic School. He has been coaching well over 10 years and has earned two Football AIAL Championships while at Blessed Sacrament.

Coach Arlene Fuentes – is a PE coach at St. Luke's and is the Head Coach of the Rebels Softball team. She has coached several school and CYO teams prior to joining the staff at St. Luke. She is the parent of two St. Luke graduates and has one son currently at St. Luke's.

Additional coaches will be on hand to aid in an acceptable training ratio.

St. Luke Summer Sports Clinic Registration Form

Please check the session that you are registering for and make checks payable to St. Luke Catholic School. Please print clearly.

_____	Session I	Soccer (5 th – 8 th)	June 4 th – June 8 th	8:30 – 12:30
_____	Session II	Soccer (Kinder – 4 th)	June 4 th – June 8 th	1:00 – 5:00
_____	Session III	Volleyball (5 th – 8 th)	June 11 th – June 15 th	8:30 – 12:30
_____	Session IV	Baseball (5 th – 8 th)	June 11 th – June 15 th	8:30 – 12:30
_____	Session V	Basketball (5 th – 8 th B / G)	June 18 th – June 22 nd	8:30 – 12:30
_____	Session VI	Basketball (5 th – 8 th B / G)	June 18 th – June 22 nd	1:00 – 5:00
_____	Session VII	Softball (5 th – 8 th)	June 26 th – June 29 th	8:30 – 12:30
_____	Session VIII	Football (5 th – 8 th)	June 26 th – June 29 th	1:00 – 5:00
_____	Session IX	All Sports Camp (K – 4 th)	July 9 th – July 13 th	8:30 – 5:30

All half-day camps (morning & afternoon sessions) are \$100.

All full-day camps are \$160.

Multiple camps & additional family campers are \$5. off.

Athlete Name: _____

Address: _____ City: _____

Age: _____ Grade: (just finished) _____ Sex: _____ Birth date: _____

Home phone: _____ Emergency phone: _____

Any medications? _____ Any allergies? _____

Other conditions? _____

Adult T-Shirt size (circle one): S M L XL Check #: _____

Youth T-shirt size (circle one): YS YM YL YXL

My son/daughter is physically capable of participating in the St. Luke Sports Clinic. I hereby authorize the staff to act for me using their best judgment in any emergency situation. I also hereby release the staff, volunteers, clinic, school and church from any and all liability for any injuries or illnesses incurred during the clinic. I have medical insurance and accept all financial responsibility.

Date: _____

Parent or guardian's signature