



# THE LIGHT for St. Luke

## Handbook Policy Clarifications

Over the last number of weeks, we have noticed two policies that need re-communication and greater clarification for students and parents.

### Energy Drinks

While we have always had a policy restricting carbonated drinks [sodas], energy drinks and energy drink powders are new products over the last three to five years. We have a very limited number of problems with energy drinks on campus, but given the strength and lack of necessity, *we are restricting all energy drinks from campus.* This includes the canned varieties: Red Bull, Monster, Rock Star, Amp, Energy, etc., and any energy drink powders, designed to be mixed with water. Today, there are too many to list, but all of them are labeled as energy drinks and have combinations of high levels of caffeine, sugar, B12, and other roots and extracts designed to provide the body with a form of energy that quickly reaches the blood stream. For most fully mature adults, energy drinks are to be used with moderation and in a responsible combination with food and activity. For the students 14 and younger, this category is not safe, especially for athletes, given the high levels of caffeine (usually twice the amount in a strong cup of coffee). Any students caught with these on campus would be subject to our discipline policies, and parents would be notified .

Note this does not include normal Gatorade, Powerade, or other sports drinks. These are not carbonated, do not contain caffeine or other quick energy creators, and are generally safe for our students. [Caution: Many products have crossovers into the energy drink market; for instance, there is still normal Powerade and Powerade Energy.] This also does not include Crystal Light or other lemonade, Kool-aid, or fruit punch drink mixes. It is fairly simple for parents and students to decipher what fits and what does not fit; reading the label will tell you what is in the drink (and whether it is classified as an energy drink).


### Cell phones

In our handbook, we have allowed students to have a cell phone on campus for a simple and limited purpose: to facilitate the communication between student and family after school. We will reiterate this policy to our students, but want to restate this for parents. The only time the cell phone should be out and powered up is when students are at dismissal, and they ask the adult in charge for permission to power up the phone and call to see who is coming to pick them up. That request is the key part of the equation. I have instructed our staff to pick up any phones that are taken out without permission. We have seen an increase in the number of students who are 'playing' with their phones, dropping them, and just generally creating an unnecessary distraction. If you allow your child to bring a phone, please be sure he/she is aware of the policy (and how to turn it off, on, and on silent).

## QUICK NOTES

- Friday, 7 March, PTC Pizza Lunch, return your order ASAP!
- Wednesday, 12 March, End of 3rd quarter
- Holy Week/Easter Break, 17 March—24 March, classes resume Tuesday, 25 March.
- Wednesday, 26 March, class group photos (PK-7th grade)—orders must be prepaid by picture day.
- Wednesday, 26 March, report cards go home.
- Monday, 31 March, Standardized testing begins (1st-8th grades).

## UPCOMING CALENDAR

		5	6	7	8	
		Middle School Service Hours due  <i>Tennis vs. St. Pius @ Oak Hills</i>	Stations of the Cross led by 6A & 6B, 2:15 p.m.	AS Mass led by 2A & 2B <b>PTC Lunch, Pizza</b> <small>FISH FRY, café</small> Tennis vs. St. Matt @ Oak Hills <i>Living Stations, 7th gr., 7:30p.m.</i>	<i>BB/SB Mt. Sac. Heart Tourney</i>	
9	10	11	12	13	14	15
5th Sunday of Lent  <b>Daylight savings begins</b>  Mt. Sac. Heart Tourney		Reconciliation, Gr. 4-8 School Council Mtg., 6:30 p.m., TL  <i>BB/SB away @ St. Matt</i>  <i>Tennis vs. St. Pius @ Oak Hills</i>	PTC Board Meeting, TL, 6:30 p.m.  <b>END OF 3rd QUARTER</b>  <i>BB/SB at Home vs. St. Mary's Fredericksburg</i>	AS Mass led by 3A & 3B  Tennis vs. Bless. Sac. @ Oak Hills	<i>Living Stations, 7A &amp; 7B, 2 p.m.</i> <i>Fish FRY, café</i>  <i>Tennis vs. St. Joseph @ S. San High Schl.</i>	<i>Extracurricular ineligibility/reeligibility begins</i>



**March (Lenten) Food Drive**

During these 2 weeks of March, our service drive project is a food drive to benefit the S.A. Food Bank. 1 out of 4 children and 1 out of 5 adults go hungry every day in Texas! Around our local San Antonio area, there are about 40,000 hungry families each month. This is a timely project to tie in with our season of Lent where students and their families can share or give to others who do not have rather than give something up. Additionally, we are collecting service hours earned from this food drive and reporting them and the number of cans donated as part of a national service opportunity sponsored by the NCEA. The service hours and number of donated cans will be presented as a birthday gift to honor our Holy Father's visit to the United States. Canned food assignments are specified per grade level and are listed below.

**March (Lenten) Food Drive for the S.A. Food Bank**

*Class Canned Food Assignments*

- PK Peanut Butter (no glass, please!)
- Kinder Canned Pinto Beans
- 1st Grade Canned Whole Corn
- 2nd Grade Canned Green Beans
- 3rd Grade Canned Refried Beans
- 4th Grade Canned Stew
- 5th Grade Canned Soups
- 6th Grade Pop-Top Food Items (Vienna sausage, etc.)
- 7th Grade Canned Lunch Meats (Spam, Tuna, etc.)
- 8th Grade Canned Chili

**Sports Equipment Service Drive**

Eighth grade Girl Scout troops 928 and 1169 continue their service drive to collect used sports equipment through Friday, 14 March. All gently used uniforms and sports equipment will be sent to a country where children cannot get these items by Julian Shannon, Spurs Account Executive. Please look for Girl Scouts and/ or parents at morning drop-off time. For more information, contact Sandra Mendoza @ 684.9529 or 355.1486.



**PTC CHEESE PIZZA LUNCH**

St. Luke PTC will be sponsoring a Papa John's Cheese Pizza Lunch on Friday, March 7, 2008. If your child wants to order lunch, please complete an order form for each child and return with cash or check ASAP! Payment for multiple orders may be combined in one check. Order forms were sent home last week. Extra order forms are available in the school office. Any questions—call Lorena Moncada @ 349.5345.

**Class Group Photos**

Class group pictures are scheduled for Wednesday, 26 March. Please remember that these photos must be prepaid, and that photos will only be made for students who have submitted an order form and payment by picture day. Order forms go home today!

**Attention 8th Grade Parents**

Order forms for individual cap and gown photos are being sent home today. Order forms are due back by Friday, 14 March.

**8th GRADE SCHOLARSHIP DANCE**

The silent auction will feature items from each of the homerooms. Stop by the display case near the school office to see some of the baskets on display and start staking out your items!

Join us on 15 March for dinner and an evening of "Dancing with the Stars". Don't forget to buy your raffle tickets for a chance to win a \$2000 shopping spree. Remember, all proceeds benefit scholarships!

**Thank You St. Luke Math Students!**



Thank you to all St. Luke students who participated in the St. Jude Math-a-thon. This year students raised \$3,192.20! Students who participate in the Math-a-thon raise funds by doing math problems; these funds benefit children's cancer research and pediatric cancer patients at St. Jude Children's Research Hospital in Memphis, TN. No child is ever turned away from St. Jude's because of a family's inability to pay.

A special thank you goes to Mrs. Huth for her generous help and support with the middle school math students. Special thanks also goes to Mrs. Sparks for coordinating the Math-a-thon for St. Luke School.

**SAT-10 Testing 1st-8th Grades**

Stanford Achievement Testing is scheduled for Monday, 31 March through 16 April. Please plan ahead to avoid absences and tardies during testing times. **We will not be able to call into classroom for early dismissals or admit late students during testing periods.**

Grade	Teacher	Silent Auction Gift Baskets
PKA	Davila	Family Fun Night
PKB	Kopecki	Scrapbooking for Everyone
KA	Elizondo	Welcome Baby Bassinette
KB	Rodriguez	Movie Night
KC	Moore	"You're a Goddess" Day of Beauty
1A	Molesky	Spring Shopping Spree
1B	Kopasci	Everything Scrapbook
2A	Chavez	Gardening Galore
2B	Garcia	Cabin Fever game basket
3A	Turk	Tisket-a-Tasket!
3B	Thompson	Chef du Jour
4A	Noriega	What's for Dinner?
4B	Sparks	Garden Party
5A	Lomas	Margaritaville
5B	Eisenhauer	Ladies Escape Spa Day
6A	Marenco	Baubles, Beads & Bangles OH MY!
6B	Huth	Movie Madness
7A	Burkholder	Fun in the Sun
7B	Brahm	Grillin' & Chillin'
8A	Davis	Target Shopping Spree
8B	Garza	"Curl up with a good" book